

Helping students to deal with Covid-19 Pandemic

Till December 2019 very few could have imagined a world in which stepping out without covering our face or eating dinner outside or hugging a friend would feel like a luxury from the past. The effects of Covid-19 pandemic were unthinkable. It had an impact on mental health and psychological conditions of everyone. The students also perceived the impacts of Covid-19 crisis in early 2020 on various aspects of their lives. Akemi Business School always strives to mentor the students on all fronts. Akemi Business School gauged that due to this new normal during the pandemic the students may experience boredom, stress and frustration. Thus, Akemi Business School tried to help the students on this front. The pandemic has led to the adoption of particular hygienic behaviours (e.g. Wearing masks, washing hands) and discouraged certain daily practices (leaving home and shaking hands).

During pandemic Akemi Business School, weekly conducted an online survey of students, making them aware about – Covid Appropriate Behaviour like wearing masks, washing hands, practicing daily exercises, use of sanitizers, drinking ayurvedic kadha and maintaining social distance.

Through e-mail and whatsapp messages, does and don'ts during Covid-19 were circulated among students. Akemi Business School circulated a video orienting students on importance of precautions during Covid-19. Conscious initiatives like international yoga day celebration, training for mask preparation at home, making the students and staff download the Arogya Setu App on the mobile phone by orienting them the importance of the app and guiding them 'how to download the app' and 'use it' were taken by the institute.

Akemi Business School shifted its teaching-learning-evaluation process on ICT mode. But perceiving the difficulty and dilemma which the students and parents may face, the institute prepared a handbook with key messages and actions related to Covid-19 precautions, detailed information of teaching learning and evaluation at Akemi Business School during pandemic to reduce their anxiety. Akemi Business School felt that in this situation of uncertainty the students will be most worried about their career post the pandemic. Akemi Business School is also equally concerned about the career of it students and wished that the pandemic should not become hurdle in their bright future ahead.

During the pandemic time Akemi Business School organized numerous corporate sessions to groom them and make them industry ready. During Covid-19 pandemic students experienced anxiety also due to having a relative or acquaintance who is infected with Covid-19. Spending a quarantine time was a task. At regular intervals the mentors had discussion with the students to understand their state of mind and counselled them on one to one basis.


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